



**ARROWHEAD REGIONAL MEDICAL CENTER  
DEPARTMENT OF NURSING POLICY  
LABOR AND DELIVERY**

**Policy No. 206.00 Issue 1  
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**SECTION:** PATIENT CARE

**SUBJECT:** OBSERVATION IN LABOR AND DELIVERY, LIMITED

**APPROVED BY:** \_\_\_\_\_  
Nurse Manager

**POLICY**

Patients needing an extended period of time for treatment, reassessment, and stabilization are placed in limited observation status in Labor and Delivery (L&D)

**PROCEDURE**

- I. The patient is placed in a Labor and Delivery room
  - A. The receiving Registered Nurse (RN) obtains report from the Triage or Emergency Nurse RN
  - B. The receiving RN performs a band verification check
- II. The RN acknowledges Practitioners limited observation orders
- III. Limited observation care includes, but is not limited to, as ordered by the Practitioner
  - A. Vital signs on admission, then every four (4) hours
  - B. External fetal monitoring for pregnancies greater than 23 weeks' gestation
  - C. Infusion of IV fluids
  - D. Blood glucose screening
  - E. Laboratory studies
  - F. Administration of medication
- IV. Limited observation time is limited to eight (8) hours. After eight (8) hours:
  - A. The Charge RN is notified
  - B. Nursing admission documentation is placed in the Electronic Medical Record (EMR) – see L&D Policy No. 220.00 "Documentation Guidelines"
  - C. A care plan is initiated
  - D. Care plan outcomes are documented at the end of the shift
- V. Documentation
  - A. Document care, interventions, medications, and assessments
  - B. Document fetal heart rate and uterine contraction pattern every one (1) hour
  - C. Document focused assessment every four (4) hours

**REFERENCES:** American Academy of Pediatrics & The American College of Obstetricians and Gynecologist (2017). Guidelines for perinatal care (8<sup>th</sup> ed.). Elk Grove Village/Washington, Illinois/DC: AAP/ACOG

Healthcare Law and Regulations

Labor and Delivery Policy No. 220.00 Documentation Guidelines

Title 22: Perinatal Unit General Requirement. 70547

**DEFINITIONS:** N/A

**ATTACHMENTS:** N/A

**APPROVAL DATE:**

<u>N/A</u>	<u><b>Policy, Procedure and Standards Committee</b></u>
<u>04/30/2021</u>	<u><b>Department of Women’s Health Services</b></u> Applicable Administrator, Hospital or Medical Committee
<u>05/25/2021</u>	<u><b>Nursing Standards Committee</b></u> Applicable Administrator, Hospital or Medical Committee
<u>06/23/2021</u>	<u><b>Patient Safety Quality Committee</b></u> Applicable Administrator, Hospital or Medical Committee
<u>03/04/2021</u>	<u><b>Quality Management Committee</b></u> Applicable Administrator, Hospital or Medical Committee
<u>06/24/2021</u>	<u><b>Medical Executive Committee</b></u> Applicable Administrator, Hospital or Medical Committee
<u></u>	<u><b>Board of Supervisors</b></u> Approved by the Governing Body

**REPLACES:** N/A

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**REVISED:** N/A

**REVIEWED:** N/A



**ARROWHEAD REGIONAL MEDICAL CENTER  
DEPARTMENT OF NURSING  
LABOR AND DELIVERY**

**Policy No. 223.00 Issue 1  
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**SECTION: PATIENT CARE**

**SUBJECT: DOWNTIME PROCEDURE, ELECTRONIC MEDICAL RECORD (EMR)**

**APPROVED BY:** \_\_\_\_\_  
Nurse Manager

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**POLICY**

During periods of unscheduled and scheduled downtime of the Electronic Medical Records (EMR), Labor and Delivery (L&D) staff follows downtime procedures to ensure continuity of care and patient safety.

**PROCEDURE**

I. Meditech Downtime

A. In preparation of unscheduled Downtime for Medi-tech, the Hospital Unit Assistant (HUA):

1. Prepares downtime form packets
2. Ensures downtime keyboard is in the department and in working order
3. For a patient admission, prints out the patient's History and Physical (H&P) and places it in the patient's chart

B. In preparation for Scheduled Downtime for Medi-tech

1. The HUA

- a. Prints patient's Medication Administration Records (MAR)
- b. Prints patient's H&P
- c. Prints patients' current laboratory results
- d. Prints extra labels for each patient currently in the unit
- e. Completes patient discharges and transfers

2. The Registered Nurse (RN)

- a. Prints current doctor orders for each patient
- b. Prepares downtime MAR for each patient
- c. Completes the Plan of Care (POC) on new admissions on the downtime form
- d. If Medi-tech remains down at the end of the shift, a POC is initiated and outcomes are documented on the downtime form

C. During Downtime for Medi-tech

1. Admissions, Transfers, and Discharges

- a. The RN calls the HUA for notification of admissions, transfers, and discharges

- b. The HUA notifies the Registration Clerk
- c. The Registration Clerk prints labels and places one label on an armband for the patient
- d. The HUA programs the downtime keyboard using the manufacturer provided instructions
- e. If additional labels are need, the HUA can print them using the downtime keyboard
- f. The HUA creates the patients chart using the downtime form packets
- g. The RN documents on the downtime forms
- h. The "A", "B", and "C" sheets are completed by the Practitioner

## 2. Placing orders

- a. All orders are placed on a downtime form "Physician Order Form"- see Attachment A
- b. Place the patients room number at the top of the form
- c. Medication(s) and intravenous (IV) solution orders are faxed to Pharmacy

## 3. Laboratory

- a. Send laboratory specimens with additional required amount of labels
- b. Send the completed "ARMC Test Request Form"- see Attachment B, with the specimens
- c. The Laboratory will call the Charge RN with any critical value results, see Administrative Policies and Procedures (ADM) Policy 690.27, Critical Value Reporting to Include Read Back Verification
- d. Other laboratory results are sent via the Computerized Tube System (CTS) to the department when result, see ADM Policy 110.21, Computerized Tube System and Security

## 4. Dietary

- a. The dayshift HUA calls the Dietary Department with new orders
- b. The night shift provides the patients with a unit stocked meal

## 5. Radiology

- a. The Practitioner completes the- "Request for Radiologic Consultation", see Attachment C, downtime form
- b. Between the hours of 0700- 1700, the HUA faxes the form to Medical Imaging (01531), and calls Medical Imaging (01930), to notify them of the existing order
- c. Between the hours of 1700-0700, the HUA calls the Picture Archiving Communication System (PACS) room (01581), to notify them of existing order
- d. The HUA calls Radiology to notify them of new orders
- e. The form is brought to Radiology with the patient

## 6. Other Consults

- a. The HUA or RN calls the specific department to notify them of all new orders

## D. When the Medi-tech is restored

1. Staff resumes documentation in Medi-tech
2. Place downtime forms in the patient's chart
3. The HUA prints new armbands for affected patients
4. The RN replaces patient armbands
5. The HUA discharges and transfers any patients affected during downtime
6. The HUA reprograms the keyboard to disable downtime

II. Intellispace Downtime

A. In preparation of unscheduled downtime for Intellispace

1. Downtime forms are stocked in the department by the HUA

B. During downtime of Intellispace

1. Notify Unit Manager
2. The Charge RN notifies the Residents and Attending Physician
3. Patients are assessed by the Residents and Attending for the need of continuous electronic fetal monitoring
4. The Charge RN reassigns patients, as needed, so as to keep the RN's room assignments in close proximity
5. Patient doors are kept open with curtains closed for privacy
6. For patients with orders for continuous electronic fetal monitoring, the RN remains outside the patient's room in order to hear the fetal heart tones

C. When Intellispace is restored

1. The RN resumes documentation in Intellispace
2. Downtime forms are placed in the patient's chart
3. Fetal monitoring strips are placed in an envelope with a downtime sticker affixed to the front
  - a. The RN completes the information on the downtime sticker
  - b. The RN gives the envelope to the HUA for filing

**REFERENCES:** ADM Policy No. 690.27 "Critical Value Reporting to Include Read Back Verification"  
ADM Policy No. 110.21 "Computerized Tube System and Security"  
ADM policy No. 100.03 "ARMC Policy & Procedure Manuals: Format, Standards"  
Department of Nursing Policy No. 528.05 "Downtime Procedure for Charting in the Meditech PCS"

**DEFINITIONS:** N/A

**ATTACHMENTS:** Attachment A- "Physician Order Form"  
Attachment B- "ARMC Test Request Form"  
Attachment C- "Request for Radiologic Consultation"

**APPROVAL DATE:**

<u>N/A</u>	<u>Policy, Procedure and Standards Committee</u>
<u>05/25/2021</u>	<u>Nursing Standards Committee</u> Applicable Administrator, Hospital or Medical Committee
<u>04/30/2021</u>	<u>Department of Women's Health Services</u> Applicable Administrator, Hospital or Medical Committee
<u>N/A</u>	<u>Quality Management Committee (QMC)</u> Applicable Administrator, Hospital or Medical Committee
<u>N/A</u>	<u>Medical Executive Committee (MEC)</u> Applicable Administrator, Hospital or Medical Committee
	<u>Board of Supervisors</u> Approved by the Governing Body

**REPLACES:** N/A

**EFFECTIVE:** 2/27/2020

**REVISED:** N/A

**REVIEWED:** 3/2021

**Attachment A**

Physician Order Form

ARROWHEAD REGIONAL MEDICAL CENTER		
USE BLACK BALL POINT PEN ONLY		PRESS HARD
<b>DATE</b>	Start: _____	
<b>TIME</b>	_____	
	_____	
<b>A.M.</b>	_____	
<b>P.M.</b>	_____	
	_____	
	_____	
	_____	
	_____	
	PRINT NAME _____	24" check <input type="checkbox"/> _____ RN initials
	SIGNATURE _____	8" check <input type="checkbox"/> _____ RN initials
	DATE/TIME _____	
	PAGER # _____	
<b>ORDERS:</b> Another brand of generically equivalent product identical in dosage, form and content of active ingredient may be administered unless checked.		✓
<b>USE BLACK BALL POINT PEN ONLY - PRESS HARD</b>		<b>WRITE OR IMPRINT INFORMATION</b>
<b>DATE</b>	Start: _____	
<b>TIME</b>	_____	
	_____	
<b>A.M.</b>	_____	
<b>P.M.</b>	_____	
	_____	
	_____	
	_____	
	_____	
	PRINT NAME _____	24" check <input type="checkbox"/> _____ RN initials
	SIGNATURE _____	8" check <input type="checkbox"/> _____ RN initials
	DATE/TIME _____	
	PAGER # _____	

CHART COPY      ↑ DO NOT WRITE BELOW THIS LINE ↑      PHYSICIAN ORDER FORM



**Attachment B**

**ARMC Test Request Form**

**Arrowhead Regional Medical Center – Test Request Form**

PATIENT IDENTIFICATION			
		Pt Location _____	Date Collected _____
		Doctor _____ <small>Print First and Last Name</small>	Time Collected _____
			Collected By _____
<b>USE FOR COMPUTER DOWNTIME, INTRAOPS, AND TRAUMAS ONLY</b>			
1. Submit the no. of labels requested next to a single test or group of tests (20 maximum).			
2. Place a label on each specimen container and send the remaining labels to the lab with this form.			
<b>Hematology</b>	<b>Chemistry</b>	<b>1 light green/5 labels</b>	<b>Newborn Testing</b>
1 lavender/5 labels			10 labels
<input type="checkbox"/> CBC (includes plt ct) <input type="checkbox"/> Diff <input type="checkbox"/> Hgb <input type="checkbox"/> Hct <input type="checkbox"/> Retic <input type="checkbox"/> ESR	<input type="checkbox"/> <b>BMP</b> (Lytes+BCrG+Ca)  <input type="checkbox"/> Sodium <input type="checkbox"/> Potassium <input type="checkbox"/> Chloride <input type="checkbox"/> CO2 <input type="checkbox"/> BUN <input type="checkbox"/> Creatinine <input type="checkbox"/> Glucose, random  <input type="checkbox"/> Calcium <input type="checkbox"/> Magnesium <input type="checkbox"/> Phosphorus  <input type="checkbox"/> <b>Liver Panel</b>  <input type="checkbox"/> <b>Cardiac Markers</b> CK + Troponin <input type="checkbox"/> BNP <input type="checkbox"/> CRP  <input type="checkbox"/> <b>Lipid Profile</b> Chol, Trig, HDL, LDL  <input type="checkbox"/> Amylase <input type="checkbox"/> Lipase <input type="checkbox"/> Uric Acid  <input type="checkbox"/> Alcohol <input type="checkbox"/> Acetaminophen <input type="checkbox"/> Salicylate  <b>Therapeutic Drugs</b> Last Dose: _____ <input type="checkbox"/> Digoxin <input type="checkbox"/> Dilantin <input type="checkbox"/> Gentamicin, pre <input type="checkbox"/> Gentamicin, post <input type="checkbox"/> Phenobarb <input type="checkbox"/> Tegretol <input type="checkbox"/> Valproic Acid <input type="checkbox"/> Vancomycin, pre <input type="checkbox"/> Vancomycin, post	<input type="checkbox"/> TSH <input type="checkbox"/> FT4 <input type="checkbox"/> Total T3 <input type="checkbox"/> FT3 <input type="checkbox"/> Total T4  <input type="checkbox"/> Iron <input type="checkbox"/> TIBC (Includes Iron) <input type="checkbox"/> Ferritin  <input type="checkbox"/> Acetone <input type="checkbox"/> BHU <input type="checkbox"/> C-Peptide <input type="checkbox"/> Cortisol <input type="checkbox"/> FSH <input type="checkbox"/> Insulin <input type="checkbox"/> LH <input type="checkbox"/> Prolactin <input type="checkbox"/> RF (Rheum. Factor)	<input type="checkbox"/> Total Bilirubin <input type="checkbox"/> Direct Bilirubin <input type="checkbox"/> Hct <input type="checkbox"/> Retic <input type="checkbox"/> Cord Blood workup <input type="checkbox"/> Neonatal Protocol Octoped (vol _____)
<b>Coagulation</b>		<b>Special Chemistry</b>	<b>Blood Bank</b>
1 blue/5 labels		1 gold/5 labels	2 pink/5 labels
<input type="checkbox"/> PT / INR <input type="checkbox"/> PTT <input type="checkbox"/> D-Dimer <input type="checkbox"/> Fibrinogen <input type="checkbox"/> DIC panel		<input type="checkbox"/> Osmolality (serum) <input type="checkbox"/> Lithium, last dose _____ <input type="checkbox"/> SPEP  <input type="checkbox"/> AFP <input type="checkbox"/> bHCG <input type="checkbox"/> B12 <input type="checkbox"/> Folate <input type="checkbox"/> CA 125 <input type="checkbox"/> CEA <input type="checkbox"/> Prealbumin <input type="checkbox"/> PSA	<input type="checkbox"/> Type & Screen <input type="checkbox"/> Type & Cross # of Units _____ <input type="checkbox"/> ACP: #Units _____ <input type="checkbox"/> FFP: #Units _____ <input type="checkbox"/> Rhogam <input type="checkbox"/> Platelet Apheresis (LPA)
<b>Urine</b>		<b>Special Chemistry</b>	<b>Serology</b>
5 labels		5 labels	1 gold/5 labels
<input type="checkbox"/> Urinalysis Source: _____ <input type="checkbox"/> Pregnancy  <input type="checkbox"/> Drug Screen <input type="checkbox"/> PCP <input type="checkbox"/> THC		<input type="checkbox"/> Ammonia (on ice) <input type="checkbox"/> HA1c <input type="checkbox"/> Hemoglobin Electroph <input type="checkbox"/> PTH  <input type="checkbox"/> <b>Lactate</b> (gray top on ice)	<input type="checkbox"/> HIV Ab <input type="checkbox"/> <b>Hepatitis Panel</b> <input type="checkbox"/> Hep B Surf Ag <input type="checkbox"/> Hep B Core IgM Ab <input type="checkbox"/> Hep A Ab <input type="checkbox"/> Hep C Ab <input type="checkbox"/> VDRL <input type="checkbox"/> Prenatal Hep <input type="checkbox"/> Rubella <input type="checkbox"/> ANA
<b>Urine</b>		<b>Special Chemistry</b>	<b>Microbiology</b>
5 labels		5 labels	5 labels
<input type="checkbox"/> Random <input type="checkbox"/> Sodium <input type="checkbox"/> Potassium <input type="checkbox"/> Chloride <input type="checkbox"/> Creatinine <input type="checkbox"/> Microalbumin <input type="checkbox"/> Osmolality (urine) <input type="checkbox"/> Protein <input type="checkbox"/> 24 hr			Culture and Sensitivity Source: _____ <input type="checkbox"/> Routine Culture <input type="checkbox"/> Blood Culture <input type="checkbox"/> Chlam/GC <input type="checkbox"/> TB <input type="checkbox"/> O & P <input type="checkbox"/> RSV <input type="checkbox"/> Fungus <input type="checkbox"/> C. diff
<b>Body Fluids</b>			
10 labels			
Source: _____ <input type="checkbox"/> Cell count/Differential <input type="checkbox"/> Total protein <input type="checkbox"/> Glucose			
<input type="checkbox"/> ED Trauma Only: Lytes+BCrG, CBC+Diff, PT+ PTT, ETOH, T&S, UDS, UA, UPreg (1 light green, 1 gold, 1 lavender, 1 blue, 2 pink, urine/20 labels)			

Additional Tests: \_\_\_\_\_









ARROWHEAD REGIONAL MEDICAL CENTER  
DEPARTMENT OF NURSING POLICY  
LABOR AND DELIVERY

Policy No. 227.00 Issue 1  
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**SECTION:** PATIENT CARE

**SUBJECT:** LAP SPONGE SCANNING DETECTION SYSTEM

**APPROVED BY:** \_\_\_\_\_  
Nurse Manager

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**POLICY**

Radio frequency (RF) scanning is used in addition to a manual lap sponge count to prevent retained objects for post vaginal deliveries

**PROCEDURE**

- I. Equipment
  - A. Scanning detection system console
  - B. Scanning detection system stand
  - C. Scanning detection scanner
  - D. RF-tagged lap sponge
  - E. Towel
- II. Contraindications
  - A. None
  - B. Use caution when Scanning device is used in the presence of flammable anesthetics
  - C. Use caution when operating the scanning device near external or implanted electronic devices
- III. Prior to a vaginal delivery perform a manual lap sponge count
- IV. Before removing patient from the lithotomy position, perform a RF scan on the patient
- V. Ensure all RF tagged lap sponges, unused electronic devices, and metal delivery instruments are more than three (3) feet from the scan site to avoid possible false positive detections
- VI. Plug the scanning detection system into a grounded power outlet
- VII. To scan a patient, turn the power switch on the back panel to the **ON** position. The home screen display will appear. Select "Patient":



- A. Place a clean, dry towel over the patients' lower abdomen
- B. Place the scanning detection scanner on the towel within one inch of the area of interest
- C. Press "START Patient Scan" on the home screen (scan last approximately 14-16 seconds)
- D. When the scan is completed the screen displays either a green "CLEAR", or red "DETECTION" screen:



E. If a green "CLEAR" screen is displayed, there is no RF-tagged lap sponge detected

- 1. Touch the screen to continue and view the scan confirmation code number



- 2. Document the "CLEAR" confirmation code number in the patients' Electronic Health Record (EHR)
- 3. If you need to perform another scan on the same patient, touch continue, then start to initiate another scan

F. If a red "DETECTION" screen is displayed, a RF-tagged lap sponge has been detected

- 1. Touch the screen to continue and view the scan confirmation code number



- 2. Search and retrieve the missing tagged item(s)
- 3. Touch continue to perform another scan. Repeat the scanning steps until a "CLEAR" scan is reported
- 4. Document all the "DETECTION" and "CLEAR" scan confirmation code numbers in the patients' EHR

VIII. If the patient's scan completed with a green "CLEAR" display and the manual count is incorrect, perform a room scan

X. To scan a room, turn the power switch on the back panel to the **ON** position. The home screen display will appear. Select “Room”:



- A. Press “START Room Scan” on the home screen (scan last approximately 3 minutes)
- B. Slowly move the scanner around the room
  - 1. The screen display will show an active-scan screen
  - 2. If the scanner is moved within range of a RF-tagged lap sponge, a red “DETECTION” screen is displayed
  - 3. When the scanner is moved out of range of a RF-tagged lap sponge, the screen display will revert back to the active-scan screen
  - 4. If the room scan does not detect a RF-tagged lap sponge and the manual count remains incorrect an X-Ray is ordered by the Practitioner and performed prior to the patient leaving the delivery room

XI. Cleaning

- A. Thoroughly wipe all surfaces of the components, cords, and console with alcohol-based wipes
- B. Place unit in appropriate storage area

**REFERENCES:** ADM Policy No. 100.03 “ARMC Policy & Procedure Manuals: Format, Standards”  
Medtronic Situate Delivery System 200LD-V user guide

**DEFINITIONS:** N/A

**ATTACHMENTS:** N/A

**APPROVAL DATE:**

<b>N/A</b>	<b>Policy, Procedure and Standards Committee</b>
<b>10/1/2020</b>	<b>Nursing Standards Committee</b> Applicable Administrator, Hospital or Medical Committee
<b>04/30/2021</b>	<b>Department of Women's Health Services</b> Applicable Administrator, Hospital or Medical Committee
<b>04/28/2021</b>	<b>Patient Safety Quality Committee</b> Applicable Administrator, Hospital or Medical Committee
<b>N/A</b>	<b>Quality Management Committee (QMC)</b> Applicable Administrator, Hospital or Medical Committee
<b>N/A</b>	<b>Medical Executive Committee (MEC)</b> Applicable Administrator, Hospital or Medical Committee
	<b>Board of Supervisors</b> Approved by the Governing Body

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