

ARROWHEAD REGIONAL MEDICAL CENTER
LABOR AND DELIVERY POLICIES AND PROCEDURES

2025 Summary of Policy Revisions

Policy #	New	Major	Minor	Reviewed	Policy Title	Explanation (New and Major Only)
			X		Table of Contents	
104.18 v7			X		Unit Organizational Chart	
118.18 v6			X		Medical Direction	
119.00					No Policy	
120.04 v11		X			Scope of Service – Labor and Delivery	Removed specific patient ratios and referred to the Department of Nursing Policy 307.00. Removed Licensed Vocational Nurse (LVN) from the core staffing because the unit does not staff LVNs. References updated.
180.00 v6			X		Disaster Plan	
181.00 v5			X		Evacuation Plan, Labor and Delivery	
200.00 v10			X		Assessment and Reassessment Guidelines	
201.00 v9			X		Videotaping/Photography in Labor and Delivery	
202.00 v9			X		Neonatal Resuscitation Preparation	
203.00 v10		X			Placentas, Handling and Disposal of	Updated the policy to reflect the current workflow in the electronic health record. References updated.

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204.00 v3			X		Antepartum Care	
205.00 v6			X		Cultural Considerations	
206.00 v2		X			Observation Status in Labor and Delivery	Updated the title from “Observation in Labor and Delivery, Limited” to “Observation Status in Labor and Delivery” to reflect the wording used in the order in the electronic health record. Updated the observation time to reflect Administrative Policy 610.40. References updated.
207.00 v10			X		Admission Criteria to Labor and Delivery	
208.00 v6			X		Education, Patient	
209.00					No Policy	
210.00 v7			X		Transfers, Labor and Delivery Patients	
211.00 v2		X			Blood Loss, Cumulative Quantitative Assessment	This policy was moved to the Maternal Child Health manual, Policy 5302.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.
212.00 v8			X		Antepartum Testing Clinic	
213.00 v8			X		Oxytocin Challenge Test	

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214.00 v13		X			Triage of the Obstetrical Patient in Labor and Delivery	<p>Updated the wording to reflect the Maternal Fetal Triage Index, which is the triage algorithm currently in use. The references were updated to reflect this change.</p> <p>Removed the contents of the admission packet provided by the registration clerk.</p> <p>Added Care Assistant to staffing as they are currently used in Labor and Delivery triage.</p>
215.00-216.00					No Policy	
217.00 v1		X			Bakri Postpartum Balloon, Insertion and Management of	This policy was moved to the Maternal Child Health manual, Policy 5273.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.
218.00-219.00					No Policy	
220.00 v10		X			Documentation Guidelines	<p>Updated the policy to reflect the current workflow documentation in the electronic health record.</p> <p>References updated.</p>
221.00 v7			X		HELLP (Hemolysis, Elevated Liver Enzymes, Low Platelets) Syndrome, Care of the Patient With	

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222.00 v7			X		Amniocentesis	
223.00 v2			X		Downtime procedure	
224.00 v9			X		Insulin infusion, Care of the patient	
225.00 v9			X		Diabetic Patient, Antepartum Care	
226.00 v4			X		Surge- Patients Less Than 20 weeks Gestational Age	
227.00 v2			X		Lap Sponge Scanning Detection System	
228.00					No Policy	
229.00 v2			X		Urine Drug Screen Testing	
230.00 v8			X		Unit Equipment	
231.00					No Policy	
232.00 v11			X		Epidural Anesthesia, Care for the Patient with	
233.00					No Policy	
234.00 v6			X		External Version	
235.00 v7			X		Intrauterine Pressure Catheter	
236.00 v8			X		Amnioinfusion	
237.00					No Policy	
238.00 v8			X		Multiple Gestation Pregnancy, Management of a Labor Patient with	
239.00 v15			X		Induction and augmentation of labor	
240.00 v13		X			Post Delivery Management of the Mother	Updated the wording to practitioner and electronic

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						health record. Included all vital signs to be recorded and added skin-to-skin patient education. Updated the epidural removal workflow. References updated.
241.00 v12			X		Post Delivery Management of the Newborn	
242.00 v1		X			Sepsis, and Septic Shock, Care of the Patient	This policy was moved to the Maternal Child Health manual, Policy 5301.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.
243.00 v9			X		Trial of Labor After Cesarean Section	
244.00 v8			X		Cesarean Section Patient, Preoperative Care of	
245.00 v5		X			Obstetrical Emergencies	This policy was moved to the Maternal Child Health manual, Policy 5261.00 Issue1 because it applies to both the Labor and Delivery and Mother-Baby units.
246.00 v6		X			Incarcerated patients, Care of	This policy was moved to the Maternal Child Health manual, Policy 5302.00 Issue1 because it applies to both the Labor and Delivery and Mother-Baby units

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247.00 v11		X			Fetal Heart Rate and Uterine Monitoring	The policy was updated to include the nursing response to signal ambiguity to reflect Beta Healthcare Group, Quest for Zero: Obstetrics requirements. References updated.
248.00 v2			X		Second Stage of Labor	
249.00-250.00					No Policy	
251.00 v5			X		Trophon Environmental Probe Reprocessor	
252.00 v7			X		Care Plan, Patient	
253.00					No Policy	
254.00 v5			X		Operative Vaginal Delivery	
255.00 v7			X		Methotrexate Therapy, Care of the Patient with	
256.00 v7		X			Sponge Lap, Needle and Instrument count, Vaginal Delivery	Updated the wording to describe counting and documenting the items used in a vaginal delivery. Removed the sections describing documenting the date and time of delivery table set up on a sticker and placing it on the table. This is no longer the current practice since table set up is documented in the electronic health record and time

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						stamped. Removed section stating "Encourage persons in the delivery room to wear clean gowns, caps, and mask during a delivery" as this is no longer current practice. References updated.
257.00 v4			X		Outpatient Induction	
258.00 v2			X		Shoulder Dystocia, Management of	
259.00 v4		X			Urine Pregnancy Testing	Removed brand names from the Procedure section. References updated.
260.00					No Policy	
261.00 v4			X		Fetal Scalp Electrode Placement	
303.00 v1	X				Standardized Procedure: For Registered Nurses within the Labor and Delivery Department Triage	This is a new policy describing the standardized procedure that registered nurses are to follow when assessing patients presenting to Labor and Delivery triage.