

ARROWHEAD REGIONAL MEDICAL CENTER
LABOR AND DELIVERY POLICIES AND PROCEDURES
2025 Summary of Policy Revisions

Policy #	New	Major	Minor	Reviewed	Policy Title	Explanation (New and Major Only)
			X		Table of Contents	
104.18 v7			X		Unit Organizational Chart	
118.18 v6			X		Medical Direction	
119.00					No Policy	
120.04 v11		X			Scope of Service – Labor and Delivery	<p>Removed specific patient ratios and referred to the Department of Nursing Policy 307.00.</p> <p>Removed Licensed Vocational Nurse (LVN) from the core staffing because the unit does not staff LVNs.</p> <p>References updated.</p>
180.00 v6			X		Disaster Plan	
181.00 v5			X		Evacuation Plan, Labor and Delivery	
200.00 v10			X		Assessment and Reassessment Guidelines	
201.00 v9			X		Videotaping/Photography in Labor and Delivery	
202.00 v9			X		Neonatal Resuscitation Preparation	
203.00 v10		X			Placentas, Handling and Disposal of	<p>Updated the policy to reflect the current workflow in the electronic health record.</p> <p>References updated.</p>

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204.00 v3			X		Antepartum Care	
205.00 v6			X		Cultural Considerations	
206.00 v2		X			Observation Status in Labor and Delivery	<p>Updated the title from “Observation in Labor and Delivery, Limited” to “Observation Status in Labor and Delivery” to reflect the wording used in the order in the electronic health record.</p> <p>Updated the observation time to reflect Administrative Policy 610.40.</p> <p>References updated.</p>
207.00 v10			X		Admission Criteria to Labor and Delivery	
208.00 v6			X		Education, Patient	
209.00					No Policy	
210.00 v7			X		Transfers, Labor and Delivery Patients	
211.00 v2		X			Blood Loss, Cumulative Quantitative Assessment	<p>This policy was moved to the Maternal Child Health manual, Policy 5302.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.</p>
212.00 v8			X		Antepartum Testing Clinic	
213.00 v8			X		Oxytocin Challenge Test	

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214.00 v13		X			Triage of the Obstetrical Patient in Labor and Delivery	<p>Updated the wording to reflect the Maternal Fetal Triage Index, which is the triage algorithm currently in use. The references were updated to reflect this change.</p> <p>Removed the contents of the admission packet provided by the registration clerk.</p> <p>Added Care Assistant to staffing as they are currently used in Labor and Delivery triage.</p>
215.00-216.00					No Policy	
217.00 v1		X			Bakri Postpartum Balloon, Insertion and Management of	This policy was moved to the Maternal Child Health manual, Policy 5273.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.
218.00-219.00					No Policy	
220.00 v10		X			Documentation Guidelines	<p>Updated the policy to reflect the current workflow documentation in the electronic health record.</p> <p>References updated.</p>
221.00 v7			X		HELLP (Hemolysis, Elevated Liver Enzymes, Low Platelets) Syndrome, Care of the Patient With	

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222.00 v7			X		Amniocentesis	
223.00 v2			X		Downtime procedure	
224.00 v9			X		Insulin infusion, Care of the patient	
225.00 v9			X		Diabetic Patient, Antepartum Care	
226.00 v4			X		Surge- Patients Less Than 20 weeks Gestational Age	
227.00 v2			X		Lap Sponge Scanning Detection System	
228.00					No Policy	
229.00 v2			X		Urine Drug Screen Testing	
230.00 v8			X		Unit Equipment	
231.00					No Policy	
232.00 v11			X		Epidural Anesthesia, Care for the Patient with	
233.00					No Policy	
234.00 v6			X		External Version	
235.00 v7			X		Intrauterine Pressure Catheter	
236.00 v8			X		Amnioinfusion	
237.00					No Policy	
238.00 v8			X		Multiple Gestation Pregnancy, Management of a Labor Patient with	
239.00 v15			X		Induction and augmentation of labor	
240.00 v13		X			Post Delivery Management of the Mother	Updated the wording to practitioner and electronic

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						health record. Included all vital signs to be recorded and added skin-to-skin patient education. Updated the epidural removal workflow. References updated.
241.00 v12			X		Post Delivery Management of the Newborn	
242.00 v1		X			Sepsis, and Septic Shock, Care of the Patient	This policy was moved to the Maternal Child Health manual, Policy 5301.00 Issue 1 because it applies to both the Labor and Delivery and Mother-Baby units.
243.00 v9			X		Trial of Labor After Cesarean Section	
244.00 v8			X		Cesarean Section Patient, Preoperative Care of	
245.00 v5		X			Obstetrical Emergencies	This policy was moved to the Maternal Child Health manual, Policy 5261.00 Issue1 because it applies to both the Labor and Delivery and Mother-Baby units.
246.00 v6		X			Incarcerated patients, Care of	This policy was moved to the Maternal Child Health manual, Policy 5302.00 Issue1 because it applies to both the Labor and Delivery and Mother-Baby units

ARROWHEAD REGIONAL MEDICAL CENTER
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247.00 v11		X			Fetal Heart Rate and Uterine Monitoring	The policy was updated to include the nursing response to signal ambiguity to reflect Beta Healthcare Group, Quest for Zero: Obstetrics requirements. References updated.
248.00 v2			X		Second Stage of Labor	
249.00-250.00					No Policy	
251.00 v5			X		Trophon Environmental Probe Reprocessor	
252.00 v7			X		Care Plan, Patient	
253.00					No Policy	
254.00 v5			X		Operative Vaginal Delivery	
255.00 v7			X		Methotrexate Therapy, Care of the Patient with	
256.00 v7		X			Sponge Lap, Needle and Instrument count, Vaginal Delivery	Updated the wording to describe counting and documenting the items used in a vaginal delivery. Removed the sections describing documenting the date and time of delivery table set up on a sticker and placing it on the table. This is no longer the current practice since table set up is documented in the electronic health record and time

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						stamped. Removed section stating “Encourage persons in the delivery room to wear clean gowns, caps, and mask during a delivery” as this is no longer current practice. References updated.
257.00 v4			X		Outpatient Induction	
258.00 v2			X		Shoulder Dystocia, Management of	
259.00 v4		X			Urine Pregnancy Testing	Removed brand names from the Procedure section. References updated.
260.00					No Policy	
261.00 v4			X		Fetal Scalp Electrode Placement	
303.00 v1	X				Standardized Procedure: For Registered Nurses within the Labor and Delivery Department Triage	This is a new policy describing the standardized procedure that registered nurses are to follow when assessing patients presenting to Labor and Delivery triage.