

**ARROWHEAD REGIONAL MEDICAL CENTER
DEPARTMENT OF NURSING (NRS) POLICIES AND PROCEDURES**

2026 Summary of Policy Revisions

Policy & Issue #	New	Major	Minor	Reviewed	Policy Title	Explanation (New and Major Revisions Only)
581.30 V5		X			Central Vascular Access (Central Line) Management	<p>Subject title updated from "Venous" to Vascular to include all blood vessels instead of just veins. Added language for nurses to assist practitioners with inserting central lines. Neonatal lines to be in their own policy (NRS Policy No. 433.00). "Specialty care Registered Nurse (RN)" updated to be any RN with competency that can perform pressure monitoring, including accessing, maintaining and removing central lines. Removed language for specific nurses to check all lines daily. Inserted procedure steps and details for nurses to assist practitioners for central line insertion including higher risk insertion locations, monitoring and care after insertion and documentation. Removed specific equipment in dressing change kits to indicate use of the kit in general. Removed name brand securement device and made generic term. Removed language for dressing change to be completed after 24 hours and indicated it will be assessed, if needed it will be changed. Added gauze dressing definition and clarified that it will be changed every two days. Changed required documentation from depth of the line to the measurement of the external length. Updated "medical record" to electronic health record (EHR). Fixed grammar. Removed specific procedures for dressing changes and used a</p>

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						<p>reference book for procedure details. Inserted a line to use caution on lines that are not sutured in place. For changes to tubing, solutions and starting new lines, referenced NRS Policy No. 580.00, which is a general intravenous line policy. Added language that the competency is demonstrated by the nurse completing three dressing changes along with annual competency. Added patient assessment and monitoring guidelines. Clarified language on how to assess, flush and change the cap of the line referencing Infection Control Policy No. 325 and included to perform hand washing. Updated the process for removing a specimen from the line. Updated potential problems with central lines, including troubleshooting them. Removed specific instructions for removing a blood clot in the line and referenced manufacturer's instructions. Changed "physician" to practitioner. Pressure monitoring updated supply list and instructions. Removal of central line instructions updated for best practice. Added that implanted vascular access ports can only be accessed by validated nurses. Peripherally inserted central lines teaching and safety instructions added. Updated patient assessment, monitoring, and home care requirements for the peripherally</p>

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						inserted central lines. References updated. Removed attachment.
582.00 v9		X			Peripherally Inserted Central Catheter (PICC) Insertion	<p>Inserted language to reflect the nursing team responsible for placing central catheters. Added general language for the healthcare team to choose appropriate catheter to place. Clarified specific candidate criteria for placement, including those who should not receive catheters. Added line to state that informed consent must be verified. Changed the name of the paper form from Central Line Insertion Practices (CLIP) to the "electronic medical record (EMR)". Streamlined patient education language and insertion site selections. Catheter insertion supplies now state the kit, verses listing every item. Insertion procedure now states specific techniques in reference verses, stating every step. Removed name brands for ultrasound confirmation. Updated what to document post procedure. Updated possible complications based on references. Removed general safety precautions as those are not specific to this procedure. Removed language for an exchange of catheter, and placed language for preventative strategies to keep line maintained. Competency validation and annual competency updated as to number of lines placed and who observes. Dressing changes referred to policies</p>

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						specific to the line. Updated references.
583.00 v4		X			Intravenous (IV) Dressings: Peripheral	Removed central line dressing changes from this policy, leaving it specifically for peripheral. Included language to change dressing whenever integrity impaired. Procedure specifics now reflect in reference. Midline catheter dressings mentioned and referenced to their own policy. Updated references.
588.00 v3		X			Midline Catheter	Updated criteria for placing a midline catheter. Policy for administering specific high pH medications through the midline is referenced in ADM Policy No. 690.36. Included language to verify with reference what medications should be administered. Updated precautions. Included to verify order and form for downtime. Changed who can perform dressing change and frequency to all central line and midline policies. Included language for measuring and monitoring arm circumference. Updated language to remove line once no longer indicated. For central lines in the neonatal unit, referenced their policy. Updated references. Removed attachment.