



*The Heart of a
Healthy Community*

EXHIBIT 1 PROGRAM LETTER OF AGREEMENT

This document serves as the required ACGME Program Letter of Agreement between *San Bernardino County on behalf of Arrowhead Regional Medical Center (ARMC)* and *UC San Diego Health*.

This document serves as an agreement between ARMC as Sponsoring Institution for Toxicology Residency Program and **UC San Diego Health** as the Participating Site for residency education for the rotation of **Emergency Medicine**.

This Program Letter of Agreement (PLA) is contingent upon and effective upon full execution by the parties of a Short-Term Offsite Resident Physician Affiliation Agreement (“Affiliation Agreement”) and the term will run concurrently with the Affiliation Agreement. This PLA may be terminated by either party for any reason with 30 days written advance notice.

1. Persons Responsible for Education and Supervision

At ARMC (Sponsoring Site): Carol H. Lee

At UC San Diego Health. (Participating Site): Aaron Schneir, MD

The above-mentioned people are responsible for the education and supervision of the ARMC Toxicology while on a rotation at **UC San Diego Health**.

2. Responsibilities

The faculty at **UC San Diego Health** must provide appropriate supervision of residents/fellows in patient care activities and maintain a learning environment conducive to educating the fellows in the ACGME competency areas. The faculty must evaluate resident/fellow performance in a timely manner during each rotation or similar educational assignment and document this evaluation at completion of the assignment.

3. Content and Duration of the Educational Experiences

The content of the educational experiences has been developed according to the UC San Diego Health requirements and include the following goals and objectives:

- Clinical skills in the diagnosis and treatment of acute and chronic poisoning in both adults and children
- Experience in the role as specialist consultant to community and hospital based physicians.
- Enhance teaching skills of the resident by preparation of a clinical case presentation.
- Acquaintance with environmental and occupational toxicology.
- Overview of pharmacokinetics/toxicokinetics.

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- Familiarity of laboratory techniques in toxicology.
- Working knowledge of computer systems and internet resources as used in Medical Toxicology.

PATIENT CARE

1. To develop caring and respectful behaviors through patient interactions and observations of toxicology fellows and attending staff in the care of patients with toxicologic problems.
2. To develop interviewing skills that will facilitate patient interaction, leading to developing the medical history necessary for individualized and respectful patient care
3. To develop skills at providing informed decision-making by patients and their families. To learn of specific situations in which informed decision-making may not be possible due to a patient's medical condition or advance directive.
4. To develop and carry out patient management plans under the supervision of toxicology fellows and attending staff.
5. To develop skills at counseling and educating patients and their families of their medical conditions.
6. To develop skills at the use of information technology in order to promote patient care. Examples of this include the use of Meditech, Ibex and PACS for retrieving laboratory and radiology reports, the use of the internet to facilitate patient care, etc.
7. To develop competency in the performance of procedures required of emergency physicians, as well as performance of physical examination related to a patient's chief complaint.
8. To develop knowledge of preventive health aspects of patient care that may be incorporated into the practice of emergency medicine. Examples could include the safe securing of medicines and the early warning signs of possible suicide attempts as well as compliance with work place safety to avoid occupational exposures.

PRACTICE-BASED LEARNING AND IMPROVEMENT

1. To develop a personal program of learning related to the requirements of toxicology in the model of clinical practice in emergency medicine.
2. To develop methods of analyzing the resident's own practice to improve quality of health care provided.
3. To develop skills in the use of evidence from scientific studies to alter the resident's practice of medicine, with the goal of improving the health care provided.
4. To develop skills in the use of information technology, and in particular online Medline reference searching.

INTERPERSONAL AND COMMUNICATION SKILLS

1. To develop a physician-patient relationship model that creates a therapeutic relationship with patients.
2. To develop listening skills that will facilitate communication with patients, their families, and other members of the health care.
3. To further develop skills a working within a health care team with the goal of providing excellent patient care.

PROFESSIONALISM

1. To develop respectful and altruistic attitudes towards patients, their families, and other members of the health care team. In particular during the sensitive and difficult time for patients and families surrounding intentional medication overdose.
2. To incorporate principles of ethics into the practice of medicine.
3. To develop sensitivity to cultural, age, gender, and disability issues that may impede patient care through disruption of the physician-patient interaction.

SYSTEMS-BASED PRACTICE

1. To develop an understanding of the interaction of the practice of emergency medicine with that of the larger health care system as a whole, in particular telephone referrals from other physicians.
2. To develop knowledge of the practice and delivery of health care in different systems and environments

3. To develop cost-effective strategies in the practice of emergency medicine.
4. To develop an attitude of being an advocate for the patient within the health care system.
5. To develop a willingness to become involved in a partnership to improve health care and system performance within the emergency department and hospital health care system.

MEDICAL KNOWLEDGE

- 1 Clinical skills in the diagnosis and treatment of acute and chronic poisoning in both adults and children
- 2 Experience in the role as specialist consultant to community physicians.
- 3 Enhance teaching skills of the resident by preparation of a clinical case presentation.
- 4 Acquaintance with environmental and occupational toxicology.
- 5 Overview of pharmacokinetics and toxicokinetics.
- 6 Familiarity of laboratory techniques in toxicology.

In cooperation with *Carol H. Lee* and the faculty at **UC San Diego Health** are responsible for the day-to-day activities of the Residents at **UC San Diego Health** to ensure that the outlined goals and objectives are met during the course of the education experiences at **UC San Diego Health**.

The duration(s) of the assignment(s) to UC San Diego Health is as follows:

4 weeks

4. *Policies and Procedures that Govern Fellow Education*

Residents will be under the general direction of ARMC's Graduate Medical Education Committee's and Program's Policy and Procedure Manual and UC San Diego Health's policies.

Sponsoring Institution
Arrowhead Regional Medical Center

Participating Institution
UC San Diego Health

Name: Carol H. Lee, MD.
Title: Program Director

Name: Aaron Schneir, MD
Title: Site/Program Director

Name: Dotun Ogunyemi, MD
Title: Designated Institutional Official