# REPORT/RECOMMENDATION TO THE BOARD OF SUPERVISORS OF SAN BERNARDINO COUNTY AND RECORD OF ACTION

August 19, 2025

### **FROM**

**GEORGINA YOSHIOKA, Director, Department of Behavioral Health** 

### **SUBJECT**

Travel by San Bernardino County Behavioral Health Commissioners to Attend the 9<sup>th</sup> Annual Wellness Together Conference

### RECOMMENDATION(S)

Approve travel and related expenses for five San Bernardino County Behavioral Health Commissioners to attend the 9<sup>th</sup> Annual Wellness Together Conference in San Diego, in an amount not to exceed \$9,400, for the period of September 29, 2025, through October 1, 2025. (Presenter: Georgina Yoshioka, Director, 252-5142)

### **COUNTY AND CHIEF EXECUTIVE OFFICER GOALS & OBJECTIVES**

Provide for the Safety, Health and Social Service Needs of County Residents.

#### FINANCIAL IMPACT

This item does not impact Discretionary General Funding (Net County Cost). The estimated cost for travel and related expenses, not to exceed \$9,400, will be funded by 1991 Realignment funds. Adequate appropriation and revenue have been included in the Department of Behavioral Health (DBH) 2025-26 budget.

Expense	Description Cost	<b>Total Cost</b>
Private	Each Commissioner will drive personal vehicle round trip to the	\$867*
Mileage	hotel (\$0.70 per mile)	
	Commissioner 1 - 316 miles x \$0.70 = \$221.20	
	Commissioner 2 - 240 miles x \$0.70 = \$168.00	
	Commissioner 3 - 240 miles x \$0.70 = \$168.00	
	Commissioner 4 - 221 miles x \$0.70 = \$154.70	
	Commissioner 5 - 222 miles x \$0.70 = \$155.40	
Lodging	\$279 per night x two nights (\$558) + \$89.00 taxes & fees x five	\$3,235
	attendees	
Registration	\$834 + \$36.69 taxes & fees x five attendees	\$4,353*
Meals	\$11 Breakfast x three days x five attendees = \$165	\$750
	\$15 Lunch x three days x five attendees = \$225	
	\$24 Dinner x three days x five attendees = \$360	
Contingency	Unforeseen expenses	\$195*
Fee		
Total		\$9,400

# Travel by San Bernardino County Behavioral Health Commissioners to Attend the 9th Annual Wellness Together Conference August 19, 2025

\*Rounded Amount

### **BACKGROUND INFORMATION**

DBH is responsible for providing mental health and substance use disorder (SUD) services to County residents experiencing severe mental illness and/or SUD. An integral part of the service delivery consists of working with the San Bernardino County Behavioral Health Commission (Commission) to improve services and enhance opportunities for the achievement of well-being.

The Board of Supervisors (Board) established the Commission in 1968, as provided for in Part 2 (Short-Doyle Act), Chapter 1, Section 5604(a) of the California Welfare and Institutions Code. The Commission's purpose is to advocate for consumers, families, and County residents in the design and funding of behavioral health programs, and to advise the Board and the DBH Director on aspects of local behavioral health programs. Per County Code section 13.0618, expenses of board, commissions, and committee members (non-employees) on County business shall be paid by the County with prior Board approval.

The 9th Annual Wellness Together Conference (Conference), in partnership with the California Department of Education, allows attendees to join over 2,000 educators, state and national policymakers, and mental health service providers from across the globe to hear from the leading voices in student mental wellness. The conference presents an opportunity to connect with a passionate community of educators and mental health professionals to combat turnout, gain the tools needed to effectively support today's youth and reignite passion for the work that matters.

The Conference features nationally recognized speakers and premier breakout sessions supporting the interconnectivity between students, families, communities, and schools, which fosters collaboration in the pursuit of health and wellness. Attendees will delve into some critical issues facing youth mental health and gain insight into relevant strategies, with a focus on statewide and national policy and initiatives.

Throughout the year, Commissioners attend and participate in various state and county events to share best practices as well as bring back innovative ideas to incorporate into the County's behavioral health system of care.

### **PROCUREMENT**

Not applicable.

### **REVIEW BY OTHERS**

This item has been reviewed by Behavioral Health Contracts (Lisa Rivas-Ordaz, Contracts Supervisor,383-3940) on July 21, 2025; County Counsel (Dawn Martin, Deputy County Counsel, 387-5455) on July 29, 2025; and County Finance and Administration (Allegra Pajot, Administrative Analyst, 388-0218) on August 4, 2025.

## Travel by San Bernardino County Behavioral Health Commissioners to Attend the 9th Annual Wellness Together Conference August 19, 2025

Record of Action of the Board of Supervisors San Bernardino County

## APPROVED (CONSENT CALENDAR)

Moved: Joe Baca, Jr. Seconded: Curt Hagman

Ayes: Col. Paul Cook (Ret.), Jesse Armendarez, Dawn Rowe, Curt Hagman, Joe Baca, Jr.

Lynna Monell, CLERK OF THE BOARD

DATED: August 19, 2025



cc: File - Travel Request/Out-of-County w/attach

CCM 08/20/2025