

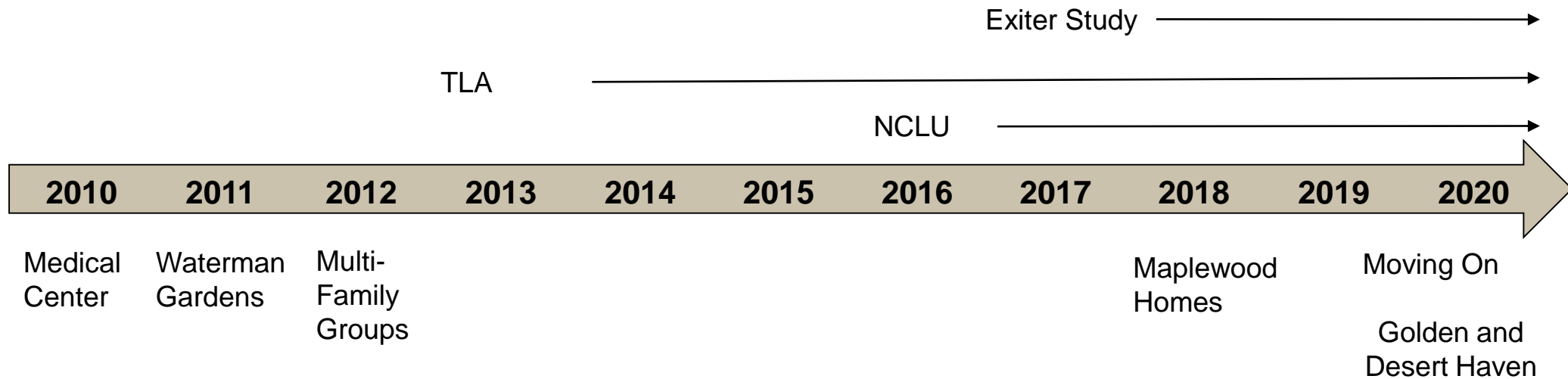
Research Presentation: Lessons Learned

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LOMA LINDA UNIVERSITY

Overview of History



Overview of Studies

1. Methodologies

- Community Based Needs Assessments/Longitudinal Designs
- Qualitative and Quantitative
- Development of Tools/Measures
- Secondary and Community Partner Data Sources

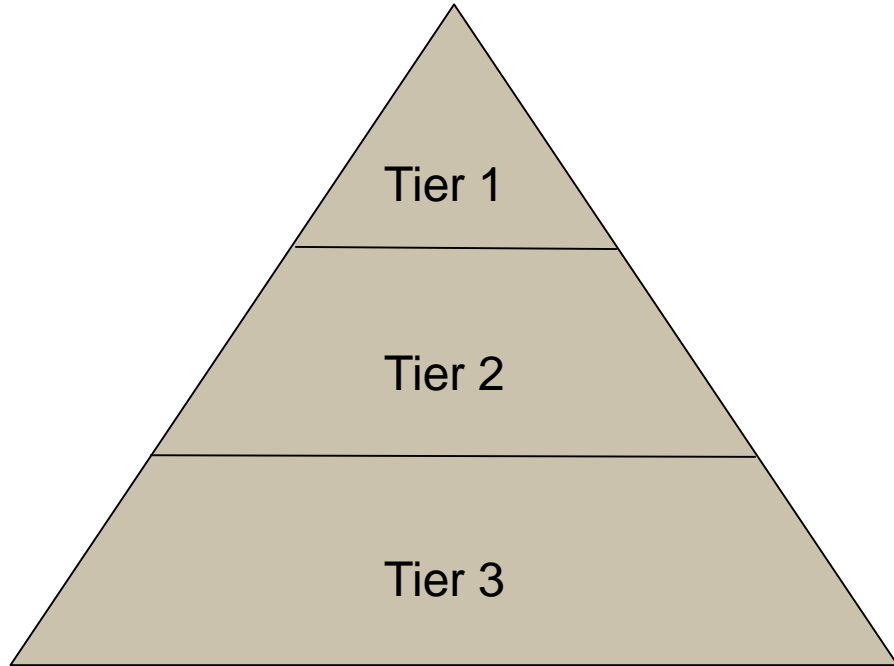
2. Types of Housing Services

- Affordable Housing Communities
- Housing Choice Voucher Program Rental Assistance
- Coaching assistance from HACSB staff
- Community partners (DBH, TAD, WDD, KEYS)



Lessons Learned

Severity of Needs



Tier 1: Lowest needs, greatest socioeconomic mobility potential.

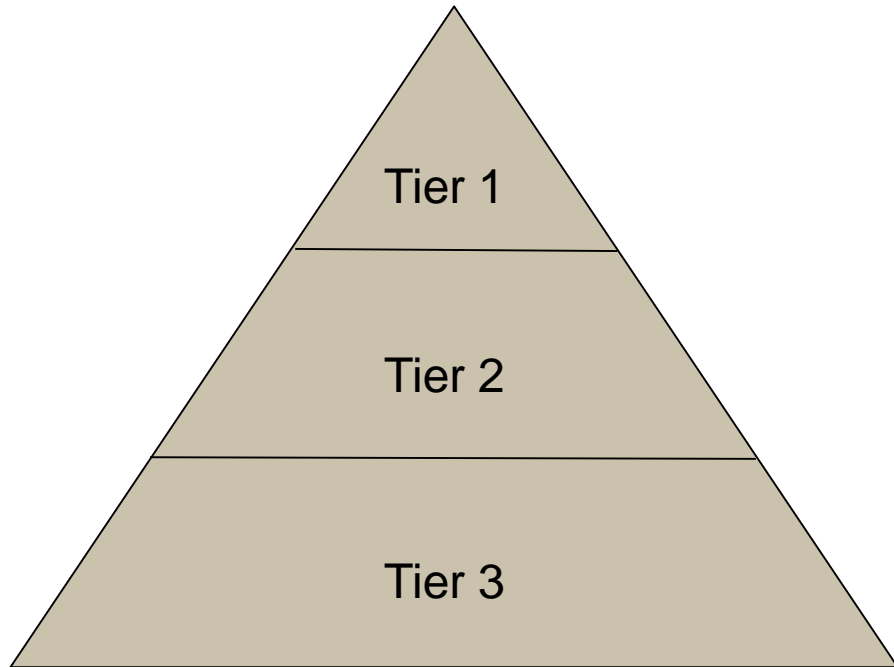
Tier 2: Moderate needs, socioeconomic mobility when additional case management is provided.

Tier 3: Greatest needs. Co-occurring mental/physical health needs. Most likely to exit assistance early.



Lessons Learned

Severity of Needs



↑
STRENGTHS

- 2-adult household
- Employed full time
- Commercial health insurance
- High School/GED
- Self-sufficiency goals
- Multiple children in the home
- Self-efficacy

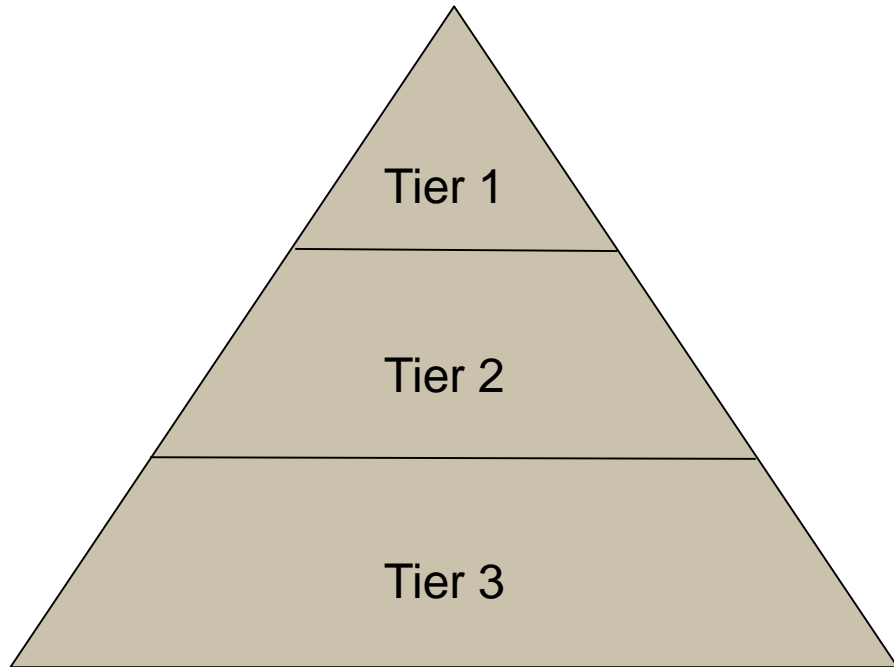
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LIMITATIONS

- Domestic Violence history
- Chronic health limitations
- Significant mental health needs
- Substance use



Lessons Learned

Severity of Needs



More likely to...

- Be a voucher recipient
- Access and utilize services
- Experience income gains
- Experience employment gains
- Access social support from community
- Graduate term-limited programs on time

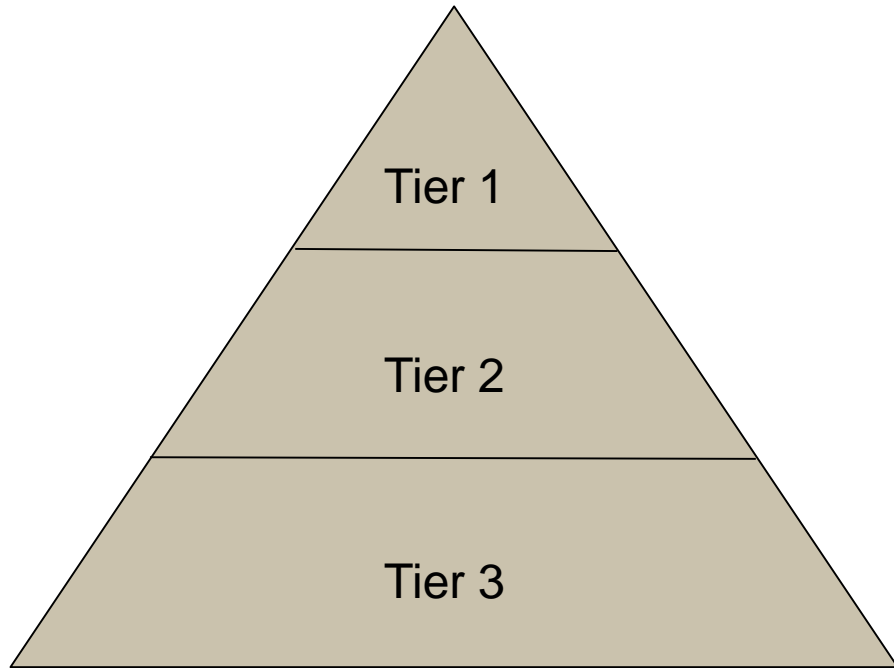
More likely to...

- Have difficulties with landlords
- Exit programs for policy violations
- Require term extensions
- Experience prolonged stress/trauma
- Not experience income changes
- Not experience socioeconomic mobility



Lessons Learned

Severity of Needs



		Tier I	Tier III	
Income		M	M	
	Total Income	\$54,498	\$16,310	F(3,3632) = 62.45***
	Wage Income	\$53,277	\$10,018	F(3, 3632) = 66.744***
	Assistance Income	\$2,631	\$6,381	F(3, 3632) = 3.02*
Employment		%	%	X2 = 9.64***
	Full time	72.2	33.9	
	Part time	11.1	22.0	
	Unemployed	16.7	44.1	
Health				X2 = 3.89**
	Employer Insurance	100	18.2	
	Medicaid/Cal	0	72.7	
Individual Resilience		M	M	
		76.66	42.00	F(3,985) = 19.50***
Family Resilience		81.88	38.74	F(3,985) = 19.24***
Community Resilience		66.25	34.84	F(3,985) = 12.09***
Total Resilience		74.93	38.53	F(3,985) = 19.70***



Lessons Learned

Impact of Trauma

- » Homeless populations entering rapid rehousing programs have significant trauma histories
 - Over 40% score within a clinical range for PTSD and Depression
 - The majority of families come with domestic violence or substance use histories
 - The majority also experienced additional traumas while homeless

- » Trauma effects the resident's ability to interact with assistance programs
 - Increased tenant conflicts with landlords
 - Increased program policy violations
 - Increase allostasis and decreased cognitive functioning

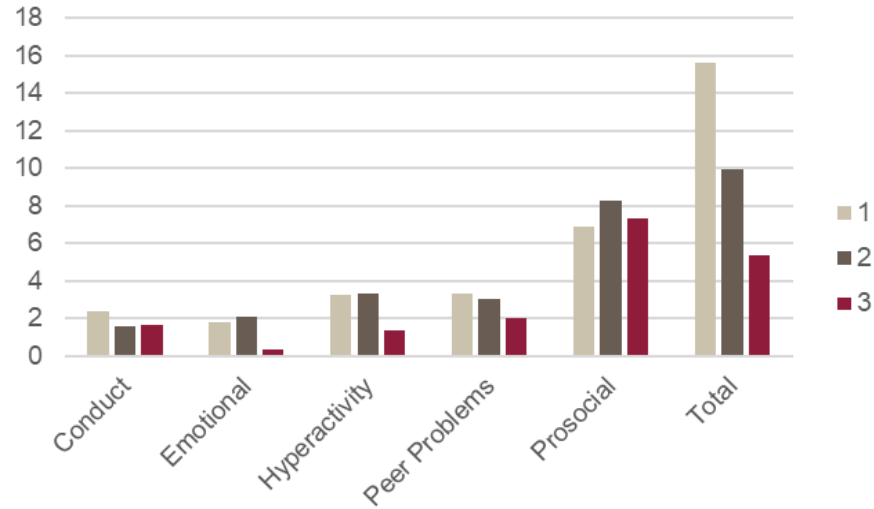


Lessons Learned

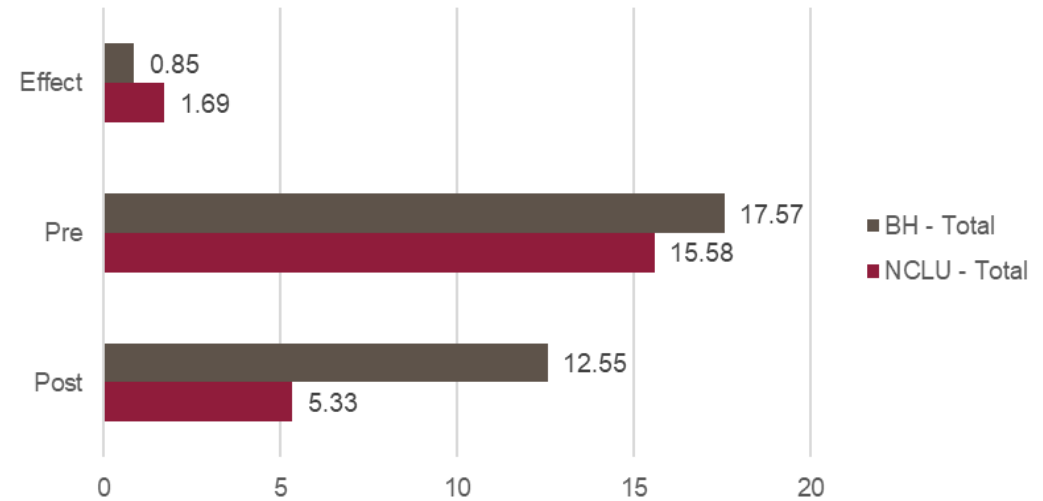
Impact on Children

1. Reductions in parental stress
2. Desire for parenting education
3. 34.5% increase in behavior/academic performance

SDQ Over Three Years



NCLU Vrs BH Samples



Lessons Learned

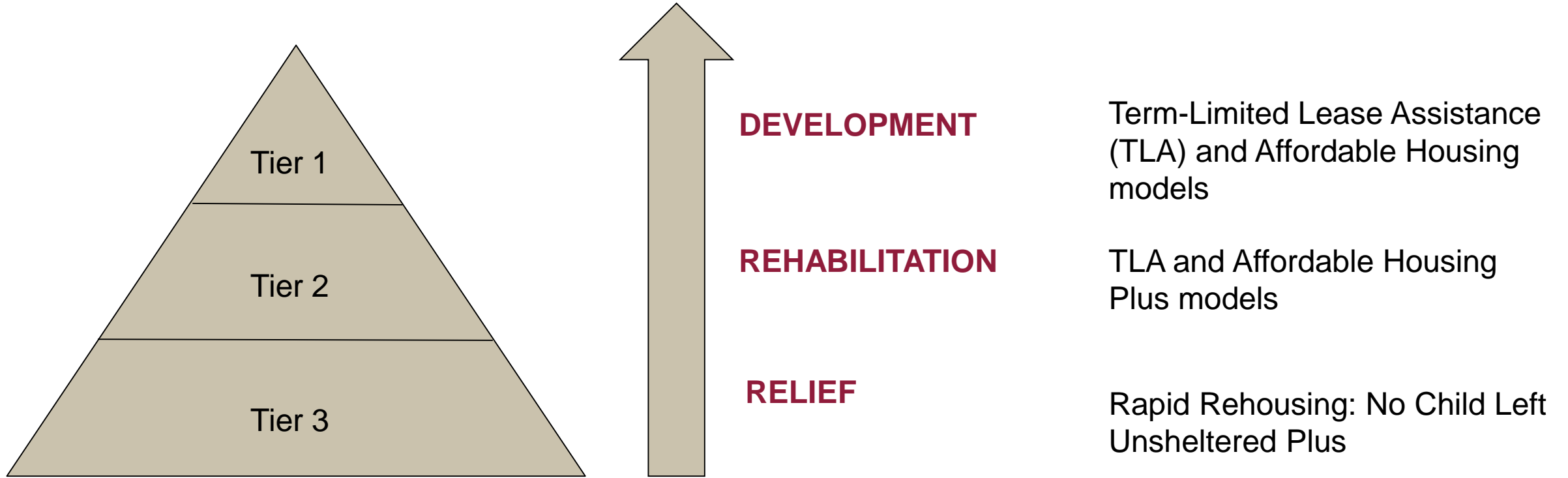
Role of Case Managers

1. Tailored for Tiers
 - Tier I: Light touch. Careful not to overburden internal momentum
 - Tier II: Goal planning and resource mapping
 - Tier III: Deeper relationship with mental health resources addressed first
2. Ratios: 1:90 versus 1:25
3. Role of supplemental case management services



Lessons Learned

Developmental Approaches



** World Health Model of Community Recovery*



Next Steps

1. Continuation of Studies

- Term Limited Lease Assistance and Exiter Studies
- Continuation of No Child Left Unsheltered + Housing Support Program Studies
- Golden and Desert Haven Permanent Supportive Housing

2. Collaboration of Local Resources

- Mental Health
- Case Management
- Workforce Development/Vocational Training
- Parenting and Family Training



Thank you!

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