

SBCSS SCOPE OF WORK

ATTACHMENT A

PROJECT	TIMEFRAME (before June 30, 2024)	Amount	Description
San Antonio Regional Hospital - Clinical Shadowing Program (CSP)	Spring Break Rotations Summer Rotations	\$60,000 \$75,000	<p>After the completion of the pilot program of San Antonio Regional Hospital's Clinical Shadowing Program in 2023, interest in the program significantly increased. Participants in the Clinical Shadowing Program will have the opportunity to shadow medical professionals in different departments throughout the hospital or medical facility. Professional development seminars will provide students with career readiness skills, public speaking training, and networking opportunities. The Clinical Shadowing Program culminates at a yearly banquet where students present their experiences to community partners and family members.</p> <p>This unique opportunity provides students throughout San Bernardino County with skills and experiences to equip them for the dynamic future of work in healthcare. With additional funding, the Clinical Shadowing Program will be expanding to partner with hospitals and medical facilities throughout San Bernardino County. This allows for more students to be placed at a convenient site, regardless of their zip code. Additional funding would also allow for resources and staff to aid in the coordination of the recruitment, onboarding, and management of the students. To meet the increased demand for the Clinical Shadowing Program, an expansion of the program would include two sets of rotations in spring and Summer 2024.</p>
San Antonio Regional Hospital - Young Healthcare Professional (YHP) Camp	Spring Break	\$60,000 \$75,000	<p>A career in healthcare can be demanding and challenging, especially with recent events like the COVID-19 pandemic. Young Healthcare Professionals, a workforce development program for high school students, promotes healthcare careers and encourages mental resilience and wellness for the next generation of healthcare professionals. Through the Young Healthcare Professionals program, students will gain real-world experience in healthcare and develop wellness skills to maintain a positive mind and body as they move into the professional world. Throughout the program, students will receive information on different career pathways including public health, nutrition, nursing, paramedic, phlebotomy, and pharmacy. They will also learn mental wellness and self-care strategies as well as the skills to implement these strategies in a professional healthcare setting.</p> <p>Young Healthcare Professionals is currently a 2-week program with 2-hour sessions in a limited number of high schools. Funding will support expansion efforts by increasing staff and resources dedicated to Young Healthcare Professionals' implementation and coordination. Additional funding would provide us with the opportunity to expand beyond high schools into community centers, libraries, after-school programs, and other locations throughout San Bernardino County. The increase in support would allow for the program to be implemented as a Spring Break camp at numerous high schools or locations. BLS/CPR/AED certifications can also be funded. The need for healthcare professionals is more apparent now than ever.</p>
Health Projects/Spaces Mini Grants (6 @ \$6,000)	Spring	\$30,000	<p>Proposals to enhance current STEM spaces to expose students to foundational healthcare skills and health-related careers will be considered for six grants of \$5,000 each. Elementary and middle schools can apply for grants by proposing innovative ideas to infuse healthcare career awareness for students in existing STEM learning spaces at the sites. Grant applications that demonstrate high engagement activities/experiences, assessment strategies, and a plan to expose at least 50% of the student population at the school will be awarded.</p>
Community Health Worker Class	Spring (2 cohorts/up to 30 students per cohort)	\$2,700/student (up to 60) \$162,000	Community Health Worker Class will be offered to students who are seeking employment as a CHW. The CHW class addresses the need for more CHWs in the region to support and enhance community health and wellness.
CPR Classes	Spring	\$125/person (up to 50 participants) \$6,200	CPR Classes will be offered to K12 Alt Education career pathway students and teachers. These certifications will support student in their medical/public services career pathways to enhance their employability.
MLT 2023-34	Happening now through the end of year	\$1,250/student (up to 25 students) = \$31,250	Medical Leaders of Tomorrow (MLT) is a free, mentorship program for high school students in San Bernardino and Riverside County. MLT allows students to explore different health careers and learn tools to enhance educational career and goals. MLT students also work in teams to create a community health project that brings awareness about prevalent health issues in the local community. Students present their findings on the last day of the program to parents and the UCR School of Medicine faculty and staff.
Suicide Prevention Training / SRSWC Presenters	July 2023 - June 2024	\$40,000.00	<p>Keynote presenters for the Southern Region Student Wellness Conference (SRSWC) will customize presentation to address the culturally appropriate and targeted population needs designed to meet the needs of the whole child. Special attention will be focused on developing suicide safer communities and best practices for meeting the needs of all stakeholders through social emotional behavior best practices implementation.</p> <p>Two 2023 SRSWC keynote speakers will deliver content tailored to support suicide prevention in communities as through culturally relevant lenses as follows: Budget not to exceed \$25,000 \$15,000</p> <p>Analyze the gap between what we say is important versus what we prioritize. Discuss multiple strategies to integrate empathy, kindness, and relationship building into the daily fabric of our campuses. Learn how to implement an ongoing Kindness practice personally and professionally. Share proven insights and exercises to help infuse compassion and empathy into the culture of your classrooms and campus. We aim to bring dialogue, awareness, and acceptance for those suffering from depression through laughter and vulnerability. We laugh at the dark stuff, because laughter releases the pain. We talk about depression, because no one should feel shame. With an army of comedians, we hope to kill the stigma of depression and share stories of hope, happiness and triumph. Develop wellness programs to expand greater prevention and early intervention practices in school settings Implement Peer to Peer suicide prevention training through Applied Suicide Intervention Skills Training (ASIST) Budget not to exceed \$15,000 \$25,000</p> <p>Three trainings will be hosted at three different high schools with peer leader students ASIST will enhance peer programs already in place at school sites by providing participants with an evidence-based intervention model that assists peers in the immediate connection of professional supports needed either on the school campus or in the community.</p>

Peer Associate Staff	July 2023 - June 2024	\$120,000.00	<p>Peer Associates, YES summit, school base mentoring, and the Barstow College/Career youth event.</p> <p>6-months salaries/benefits for 2 Peer associates. Young adults with lived experience that will visit multiple school sites throughout the year to share with youth strategies and practices for educational success. Peer associates will also share strategies for motivating and engaging youth to professionals during professional development opportunities. Approximately \$40,000</p> <p>Barstow College/career youth event. Multi-district event for rural small desert districts. Planning team includes Barstow, Needles, Trona, Silver Valley, Baker, and Barstow College. This event will feature a motivational speaker with lived experience, college representatives with specific knowledge on youth in foster care and youth experiencing homelessness, and numerous community partners selected from each of the small communities with expertise or services for youth in foster care and youth experiencing homelessness. Approximately \$20,000</p> <p>YES Summit- Multi-day annual youth event held in Sacramento. Youth will learn how to strategically use their voice and lived experience to affect legislative change. Youth will hear from numerous speakers, attend various workshops, and get to visit legislators and senators at the California State Capitol. Youth will also be coached on public speaking and have the opportunity to present a speak on the steps of the capitol on a selected legislative topic. Approximately \$25,000</p> <p>IMPACT Youth Empowerment Program (Tier 1) at six school sites which includes the following services: 1) 1-hour, MyBag MyHome Keynote Presentation for Parent Engagement with International Activist Roy Juarez Jr. 2) Full IMPACT Youth Empowerment Programs • Twelve modules • 2-hours of instruction time per module • Built-in graduation and completion certificate • Pre and post evaluations The IMPACT programs will be provided at the following six school sites: 1) Bob Murphy Community School 2) Vision Community School 3) Barbara Phelps Community School 4) Tri-City Community School 5) Victorville Education Center 6) Chaffey West Community School Approximately \$35,000</p>
Give Something Back - Mentoring	July 2023 - June 2024	\$225,000.00	<ol style="list-style-type: none"> 1. Give Something Back will provide one-hour long group mentoring sessions for foster youth, homeless youth and other system involved youth at Colton, Hesperia, Redlands, and Fontana school districts. The \$225,000 will be split between the districts as part of the total financial obligation, each district will also have to contribute the uncovered portion of their respective district costs. 2. These services will be provided once a month. These services will be provided in person 3. The expected total population for these services at all locations is estimated for up to 1000 youth. 4. All youth participants will be current (or former) foster, probation, or homeless youth referred by each site from the four districts. 5. Give Something Back will conduct once a month visits at each identified middle & high school in the four districts 6. Each month the meetings will promote developmental themes to encourage the youth and empower them to meet the challenges of being successful students and citizens as they grow through the challenges of being historically underserved or being considered at risk. These themes will include: leadership development, life skills, professional development, mental health and wellness, career exploration and preparation for post-secondary success. 7. Give Something Back program facilitators will include a team of 1-2 staff that will facilitate the delivery of meeting curricular objectives as well as provide interactive team building activities throughout the meetings. 8. Give Something Back will include up to 2 field trips during the program year. The focus of the first field trip will be an educational or cultural experience such as participating in a college tour or visiting a museum. The final event would be a recreational activity for the youth to celebrate their participation at the end of the year. Give Something Back will require the assistance of the SBCSS as well as the school district to provide transportation for field trips, additional staff chaperones and possible funding for admission prices. On the months when a school site participates in a field trip hosted by Give Something Back, this activity will replace the regularly scheduled mentoring meetings for that month.
SUBTOTAL		\$734,450	
Indirects 8.5%		\$62,428	
TOTAL		\$796,878	