

# Planning and Service Area 20 (PSA 20)

## Service System, Continued

Specific programs by funding are listed below.

Title IIIB		
Program	Location	Number of Providers
Legal Services	All Regional Service Areas	1
Adult Day Care	East and West Valleys, Victor Valley	1
Assisted Transportation	Morongo Basin, East and West Valleys, Victor Valley	4
Chore	Morongo Basin, East and West Valleys, Victor Valley, North-Western Desert, San Bernardino Mountains	3
Homemaker	Morongo Basin, East and West Valleys, Victor Valley, North-Western Desert, San Bernardino Mountains	3
Personal Care	East and West Valleys, Victor Valley, North-Western Desert, San Bernardino Mountains	1
Residential Repairs / Modifications	East Desert, East and West Valleys, Victor Valley, North-Western Desert, San Bernardino Mountains	3
Senior Center Activities	East Desert, Morongo Basin, Victor Valley, North-Western Desert	7



# Planning and Service Area 20 (PSA 20)

## Service System, Continued

Specific programs by funding are listed below.

Title IIIC		
Provider	Location	Number of Service Sites
Barstow Senior Citizens Center	North-Western Desert, Victor Valley	4 sites and home-delivered meals
Big Bear Valley Recreation and Park District	San Bernardino Mountains	1 site
Bonnie Baker Senior Citizens Club	East Desert	2 sites and home-delivered meals
City of Montclair	West Valley	1 site
City of San Bernardino	East Valley	4 sites
Crest Forest Senior Citizens' Club	San Bernardino Mountains	1 site
Family Service Association	East and West Valleys, Morongo Basin	18 sites and home-delivered meals
Lucerne Valley Senior Citizens' Club	Victor Valley	1 site



# Planning and Service Area 20 (PSA 20)

## Service System, Continued

Specific programs by funding are listed below.

Title III E		
Program	Location	Number of Providers
Caregiver Information and Assistance	<b>East and West Valleys, Victor Valley, North-Western Desert, San Bernardino Mountains, Morongo Basin</b>	1
Caregiver Information Services		1
Caregiver Respite Out-Of-Home Overnight Care		1
Caregiver Supplemental Service Caregiver Registry		1
Caregiver Supplemental Service Caregiver Home Modifications		1
Caregiver Supplemental Service Caregiver Consumable Supplies		1
Caregiver Support Groups		2
Caregiver Training		2
Caregiver Supplemental Service Caregiver Assistive Technology		2
Caregiver Supplemental Service Caregiver Assessment		2
Caregiver Respite In-Home		2
Caregiver Respite Other		2
Caregiver Respite Out-Of-Home Day Care		2
Caregiver Case Management		2
Caregiver Counseling		2

# Description of the Area Agency on Aging (AAA)





# Description of the Area Agency on Aging (AAA)

## Purpose

This section highlights the Area Agency on Aging (AAA)'s role as a leader in aging services within Planning and Service Area (PSA) 20, advocating for older adults, adults with disabilities, and their caregivers. In collaboration with San Bernardino County's Department of Aging and Adult Services - Public Guardian (DAAS - PG), the AAA works to empower individuals to maintain independence, make informed choices, and enhance their quality of life. Together, they strive to ensure that older adults and individuals with disabilities can age in place in the least restrictive, most supportive environment as possible.

## AAA Leadership and Development of Support Systems and Programs

San Bernardino County's Department of Aging and Adult Services - Public Guardian (DAAS - PG) is a unit of local county government and operates as a department of San Bernardino County's Human Services division. The Director of DAAS - PG serves as the designated AAA Director and as the Public Guardian of the County. DAAS - PG provides services to older individuals (ages 60 and over) caregivers, individuals with disabilities, and adults aged 18 and over in need of protection. The department works to ensure options are easily accessible to all older individuals and to have a visible resource where they can go or call for information. DAAS - PG is also actively involved with community resources to strengthen the service delivery system. The AAA remains committed to expanding community education, sharing best practices, and exploring evidence-based programs to enhance services and support.

Pursuant to Welfare and Institutions Code section 5354.5 and Probate Code section 2920, the Office of the Public Guardian is appointed by the California Superior Court to be the conservator for individuals who are gravely disabled due to a mental disorder and incompetent older or gravely disabled adults. The goal is to ensure the safety, both financially and physically, of an incompetent and mentally disabled person who meet the criteria for conservatorship. This is accomplished through the process of appointing a legally responsible person termed conservator to manage these individuals' personal affairs, coordination of custodial services and management of their estate.

# Description of the Area Agency on Aging (AAA)

## AAA Leadership and Development of Support Systems and Programs, Continued

DAAS - PG responsibilities include supporting Adult Protective Services (APS), In-Home Supportive Services (IHSS), the Multipurpose Senior Services Program (MSSP), Older Americans Act (OAA) programs, and the Office of the Public Guardian. The annual budget for the AAA in the previous Area Plan was 11.7 million dollars; however, the budget for the 2024-2028 Area Plan is to be determined in the coming months and will be added as an update once it is received by the California Department of Aging. Federal, State and county dollars will be included in the updated budget. Aging programs are provided by DAAS - PG staff (direct) and in conjunction with community-based organizations via county contracts.



# Description of the Area Agency on Aging (AAA)

## **DAAS - PG Direct Service Programs**

Senior Information and Assistance (SIA)  
(Title IIIB and IIIE)

Senior Community Service Employment  
Program (SCSEP) (Title V)

## **Title IIIB - Supportive Services**

Legal assistance, personal care, homemaker services, chore assistance, adult day care, assisted transportation, residential repairs/modifications, and senior center activities. These services are delivered by ten contracted providers and DAAS - PG staff across different regions of the county. While all regions are encouraged to offer services, availability may vary depending on vendor participation in each area.

## **Title IIIC - Older Californians Nutrition Program**

The AAA contracts with eight providers to provide congregate and home-delivered meals throughout the county. There are currently thirty-four (34) congregate meal sites in San Bernardino County. In fiscal year (FY) 2023-2024, 10,325 individuals were served 364,587 meals at the congregate sites and 4,718 individuals received 604,179, home-delivered meals.

## **Title IIID – Disease Prevention and Health Promotion Program**

DAAS - PG contracts with the Department of Public Health to conduct the following classes at various sites throughout the county: Bingocize, Walk with Ease and Tai Chi.

## **Title IIIE – Family Caregiver Support Program**

The AAA contracts with two (2) vendors to provide family caregiver services countywide, with ongoing efforts to expand support in the northwest desert region.

## **Health Insurance Counseling and Advocacy Program (HICAP)**

One vendor provides HICAP services throughout the county. HICAP is funded by the state HICAP funds, Federal Centers for Medicare and Medicaid, Medicare Improvements for Patients and Providers Act (MIPPA), and Federal Financial Alignment grants.

## **Title VII and VIIA – Long-Term Care Ombudsman, and Prevention of Elder Abuse, Neglect, and Exploitation**

One vendor provides Title VII and VIIA services throughout the county.

# Description of the Area Agency on Aging (AAA)

The Senior Affairs Commission (SAC), established by the County's Board of Supervisors on July 2, 1973, consists of residents within the county. The SAC membership consists of 21 members composed of three categories: appointed, representative and professional. Currently there are six (6) standing SAC committees: Access, Healthy Aging, Intergenerational, Executive, Legislative, and Nutrition. Each committee established the following goals and objectives during the 2024-25 fiscal year. These goals will continue throughout 2024-28 fiscal years.

## Access Committee

**Goal:** To assist commissioners in their education and awareness of safety situations arising for older adults and persons with disabilities to be able to better serve and advocate for this population.

**Objectives:**

- Plan a minimum of two relevant in person speakers or virtual presentations on housing, transportation, or access challenges during Access Committee meetings.
- Research and document stories from individuals who ride public transportation to identify correctable obstacles and challenges faced by older adults, especially those passengers with a physical disability.
  - Develop a standardized (consistent) questionnaire to document stories prior to December 31, 2024.
  - Document a minimum of three narratives based on the questionnaire prior to June 30, 2025.

## Intergenerational Committee

**Goal:** To establish and maintain a relationship with the three (3) County Kinship organizations and Inland Caregiver Resource Center (ICRC). SAC will continue to promote Intergenerational outreach publications through their programs, education, and service offerings for older adults, disabled individuals, and children.

**Objectives:**

- Commissioners will attend two Kinship meetings or programs that promote intergenerational services for older adults, or an ICRC meeting or program bi-annually either in person or virtually and report the activity to the committee.
- Commissioners will promote and support Kinship and ICRC programs and services by disseminating the programs monthly calendars to schools, churches, and other interested organizations within their districts.



# Description of the Area Agency on Aging (AAA)

## Nutrition Committee

**Goal:** To assist the DAAS - PG Senior Nutrition Program by ensuring that nutrition sites are following the rules and guidelines within their contract's Scope of Work and disseminate pertinent information on nutrition and healthy eating habits.

**Objectives:**

- SAC Commissioners will be assigned a nutrition site in their district to review the activities and safety protocols at each site, documenting each visit following the Nutrition Site Checklist. A minimum of ten (10) sites are to be visited. Completed reports will be sent to the DAAS - PG Nutrition Analyst during the fiscal year.
- Invite four (4) nutrition specialists to attend SAC meetings to educate SAC Committee members and others on good eating and physical activity. Suggested topics include information on the foundational aspects of being a Blue Zone to support healthy aging (i.e., the city of Loma Linda as located in San Bernardino County).
- Nutrition sites promote socialization in addition to a nutritionally balanced meal. Conduct a participant survey at each of the sites on the value of consuming hot or cold beverages at no cost to the consumer, as a way to promote socialization through conversation prior to scheduled congregate meals.

## Executive Committee

**Goal:** To assist Commissioners in their education and awareness of the roles and responsibilities of the SAC, its legal documentation and the specific roles and responsibilities of DAAS - PG to better assist them and advocate for older adults, those living with a disability, and caregivers.

**Objectives:**

- Follow-up to ensure that the SAC Handbook is reviewed and approved by Commissioners, and published.
- Develop a first draft written list of Standing Rules for SAC. This document should include, but is not limited to, rules for committee meeting attendance, absences, agenda and minute secretarial expectations.
- Develop a suggested list of topics and contacts for general meeting presentations in 4-month groupings.
- Establish a workgroup researching the past, present and future of the seven (7) RCA groups in an effort to fill the five (5) vacancies on the Executive Board.

# Description of the Area Agency on Aging (AAA)

## Healthy Aging Committee

**Goal:** To disseminate health-related information regarding current news from health care providers and regularly publish documentation regarding items of interest to older adults and disabled individuals each calendar year.

**Objectives:**

- Publish ten (10) “Did You Knows” to a target audience of at least 500 constituents of the districts represented by SAC Commissioners each fiscal year.
- Engage at least one (1) health care provider at Healthy Aging Committee meetings ensuring their reports are documented and distributed within the minutes of each meeting. Inland Empire Health Plan (IEHP) representative and DAAS-PG Public Health Nurse attend committee meetings regularly.

## Legislative Committee

**Goal:** To establish, review, and support legislative priorities that affect older adults and disabled individuals each fiscal year.

**Objectives:**

- Actively pursue a minimum of three (3) findings of the California Senior Legislature and demonstrate support when asked to support bills affecting older adults and disabled individuals by the end of the fiscal year.
- Engage the Program Development Division (PDD) in selecting and reviewing a minimum of three (3) legislative bills monthly. Act whenever possible in support of those bills that affect older adults and disabled individuals by the end of the fiscal year.

## Regional Councils on Aging (RCA)

Regional Councils on Aging (RCA) were established in 1978 as an extension of the AAA for gathering the concerns of older adults in their local communities. There are seven RCAs in PSA 20. The seven RCAs are: East Valley, West Valley, Victor Valley, Morongo Basin, Colorado River, North Desert, and Mountain. The boundaries of each region were established along geographic, economic, and political subdivisions borrowing heavily upon the service boundaries established by the County Department of Public Social Services and the Regional Statistics Areas established by the United States Census Bureau. Within each area, older adults elect members to their local RCA. One member of each RCA serves on the SAC with the purpose of bringing forward information specific to each region’s concerns.