



Interoffice Memo

DATE: August 7, 2025

PHONE: 909-252-5142

FROM: DR. GEORGINA YOSHIOKA
Director, Behavioral Health

TO: NATALIE KESSEE
Administrative Manager, Behavioral Health

SUBJECT: BEHAVIORAL HEALTH COMMISSION OUT OF COUNTY TRAVEL – 9th ANNUAL WELLNESS TOGETHER CONFERENCE

Attendees Name: Five members of the Behavioral Health Commission: Amanda Uptergrove, Jennifer Oglesby, Dr. Valerie Samuel, Delinia Lewis and Michael A. Hall

Cost Center: DIRMHC

Dates of Travel: September 29-October 1, 2025

Destination: San Diego, CA

Purpose of Travel: Attend 9th Annual Wellness Together Conference

Expenses: All meals included as schedule and conference information is not yet available

Private Mileage	Each traveler to drive personal vehicle roundtrip from Personal Residence to the Hilton San Diego Gaslamp Quarter (\$0.70): Amanda Uptergrove – Adelanto, CA 316 mi Jennifer Oglesby – Alta Loma, CA 240 mi Dr. Valerie Samuel – Alta Loma, CA 240 mi Delinia Lewis – Chino, CA 221 mi Michael A. Hall – Redlands, CA 222 mi <div>Total</div>	<div>\$221.20</div> <div>\$168.00</div> <div>\$168.00</div> <div>\$154.70</div> <div>\$155.40</div> <div>\$867.30</div>	<div></div> <div></div> <div></div> <div></div> <div></div> <div>\$867.30</div>
Registration	\$870.69 (\$834.00 + \$36.69 fees) <div>x Five Attendees</div>	<div>\$870.69</div>	<div>\$4,353.45</div>
Lodging	Hilton San Diego Gaslamp Quarter \$647.00 (\$558.00 + \$89.00 taxes) <div>x Five Attendees</div>	<div>\$647.00</div>	<div>\$3,235.00</div>
Meals	Breakfast \$11.00/three days Lunch \$15.00/three days Dinner \$24.00/three days <div>x Five Attendees Per Person</div>	<div>\$33.00</div> <div>\$45.00</div> <div>\$72.00</div> <div>\$150.00</div>	<div></div> <div></div> <div></div> <div>\$750.00</div>
Contingency Fee	Unforeseen Expenses <div>Approx.</div>	<div>\$38.85</div>	<div>\$194.25</div>
	Cost for Amanda Uptergrove Cost for Jennifer Oglesby	<div>\$1,927.74</div> <div>\$1,874.54</div>	

	Cost for Dr. Valerie Samuel	\$1,874.54	
	Cost for Delinia Lewis	\$1,861.24	
	Cost for Michael A. Hall	\$1,861.94	
	Grand Total		\$9,400.00
		<i>Estimate</i>	

Contact Name: Marybel Valadez

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Justification: Wellness Together Mental Health, in partnership with the California Department of Education, allows attendees to join 2,000+ educators, state and national policymakers, and mental health service providers from across the globe to hear from the leading voices in student mental wellness. The conference presents an opportunity to connect with a passionate community of educators and mental health professionals to combat burnout, gain the tools needed to effectively support today's youth and reignite passion for the work that matters.

GY:jg